

Friends of Trees Plantings

Please join Friends of Trees to make Portland neighborhoods green!

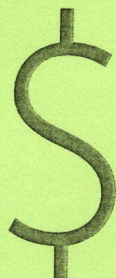
Arrive by 9:00 a.m. to start the day – free breakfast and lunch provided

Upcoming Planting Events:

- 1/27/18: Centennial, Glenfair, Hazelwood, Mill Park
 - Location: Gethsemane Lutheran Church • 11560 SE Market St, Portland, OR
- 2/3/18: Laurelhurst, Kerns, Sunnyside, North Tabor
 - Location: Community of Christ – Portland Congregation • 4837 NE Couch St, Portland, OR
- 2/10/18: Boise, Eliot, Humboldt, King
 - Location: Friends of Trees office • 3117 NE MLK Blvd, Portland, OR
- 2/17/18: Lents, Powellhurst-Gilbert, Pleasant Valley
 - Location: Lents Gilbert Church • 12230 SE Harold St, Portland, OR

Want to see other planting days? Check out the Friends of Trees website!

URL: friendsoftrees.org/volunteer • Phone: 503-595-0212

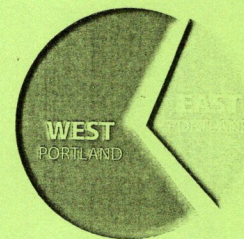
community
snapshotWORKSOURCE
PORTLAND METRO

COMMUNITY WEALTH

THE WEALTHIEST OREGON COMMUNITY:

West Portland – \$102,209 average earnings (*full-time workers*)

THE LEAST WEALTHY OREGON COMMUNITY:

East Portland – \$44,328 average earnings (*full-time workers*)*Incomes are 68% higher in West Portland*

If we divide Multnomah County between East and West along 82nd Avenue, and if each area were a US state:

- **WEST MULTNOMAH** would be the **2nd wealthiest** state in the nation
- **EAST MULTNOMAH** would be the **46th wealthiest** state in the nation

East County has the Highest Concentration of Poverty in Oregon

REGION	East Portland and Gresham	North Coast	North Central	North East
People in Poverty	48,802	22,246	14,088	20,659
% of Color	56% of Color	18% of Color	35% of Color	27% of Color

More Than A Digital Divide

	West Portland	East Portland & Gresham		West Portland	East Portland & Gresham
Housing Cost — Median	\$1,458	\$1,160	Child Poverty	4%	26%
College Degree — % of population	70%	22%	Hispanic Poverty	24%	33%
Unemployment	5%	6%	African American Poverty	**	32%
SNAP Households	11%	16%	Households without access to Internet	12%	18%

Data Source: 2016 US Census, American Community Survey. **Data not available; too few African American households to survey.

WorkSource Portland Metro—Gresham: Your Partner in Workforce Development

19421 SE STARK STREET, PORTLAND, OR 97233 • (503) 669-7112 X2 • WORKFORCEDEVELOPMENT@MHCC.EDU

Do you care about housing issues in your community?

Make your
voice heard

Get paid for
your time!

Shape your
neighborhood

Connect with
neighbors

Lents Strong Housing Team

**Bringing together a leadership team to
advocate for a neighborhood
with housing that is healthy and
affordable for everyone**

Focused on the Lents and surrounding neighborhoods
Saturdays from January 27th to March 27th

**Introduction session:
January 27 9:30am to 2:30pm at
Leander Community Room
4620 SE 122nd Ave. Portland, OR 97236**

Questions? Want to sign up?
Call Luke at 503-780-4739 or
LUKE@ROSECDC.ORG

Green  *Lents*


meyer
MEMORIAL TRUST

 **ROSE**
community development

¿Le interesa los problemas de vivienda en su comunidad?

Haga valer
su voz

Sea pagado
por su tiempo

Cambie su
vecindad

Conozca sus
vecinos

Lents Strong Housing Team

(Equipo de vivienda fuerte de Lents)

**Trayendo juntos un equipo de liderazgo
para abogar por una vecindad con
vivienda saludable y asequible
para todos**

Enfocado en Lents y vecindarios adjuntos
Sábados de Enero 27 a Marzo 27

**Sesión de introducción
Enero 27 9:30am a 2:30pm en el
Salon Comunitario de Leander
4620 SE 122nd Ave. Portland, OR 97236**

**¿Preguntas? ¿Desea apuntarse?
Llame a Luke al 503-780-4739 ó
LUKE@ROSECDC.ORG**

Green  *Lents*


meyer
MEMORIAL TRUST

 **ROSE**
community development

Elders *in* Action

presents

CIVICS 101

Do you want to be more involved with your city, county and state government and community? CIVICS 101 is for you!

We invite you to participate in our 5-session training series to learn about the structure and operation of various levels of government, engage with elected officials, and advocate for causes you believe in.

In this series we will:

- Learn the basic elements of our local political system
- Have personal conversations with elected officials
- Visit city and county offices and the Oregon State Capitol
- Become advocates for issues of concern to older adults

See the detailed workshop schedule on the reverse side of this flyer!

For more information and registration:

503-235-5474 or Cassidy@eldersinaction.org

Servicios de español:

Tiene interés en las políticas y su gobierno local? Esta clase es para usted! Le invitamos a nuestro curso de 5 sesiones, en los que aprendemos sobre el gobierno y las políticas en los niveles de la ciudad, el condado, y el estado.

Participamos con oficiales políticos y abogamos por las causas en las que creemos!

Contactar: cassidy@eldersinaction.org o 503-235-5474 para más información



MULTNOMAH BAR ASSOCIATION
1906

Elders *in* Action

presents

CIVICS 101

Session 1- Inside Gresham City Government

Wednesday, January 10, 1:00 pm – 3:00 pm

Gresham City Hall (1333 NW Eastman Pkwy, Gresham)

- Intro to City of Gresham and how city government works
- Presentation/discussion with Mayor Shane Bemis
- Tour of Gresham City Hall

Session 2- Inside Portland City Government

Friday, January 19, 1:00 pm – 3:00 pm

Portland City Hall (1221 SW 4th Ave, Portland)

- Intro to City of Portland and how city government works
- Presentation/discussion with Commissioner Amanda Fritz
- Tour of Portland City Hall

Session 3- Inside Multnomah County Government

Wednesday, January 24, 1:00 pm – 3:00 pm

Multnomah County Building (501 SE Hawthorne Blvd, Portland)

- Intro to Multnomah County and how county government works
- Presentation/discussion with County Commissioner Vega Pederson
- Tour of County Building

Session 4- Inside Neighborhood Involvement

Wednesday, January 31, 1:00 pm – 3:00 pm

East Portland Neighborhood Office (1017 NE 117th Ave, Portland)


- Intro to Gresham and Portland neighborhood programs
- Presentation/discussion with City and neighborhood representatives

Session 5- Inside the Oregon State Government

Wednesday, February 7, 10:00 am – 5:00 pm

Field Trip Oregon State Capitol

- Intro to State government
- Presentation/discussion with State Legislators
- Tour of capital building- House, Senate, and Governor's office



FREE ARTS NW 9TH ANNUAL

YOUNG FILMMAKERS CAMP

March 26-30 2018

9 am to 4 pm

Gethsemane

11560 SE Market St

Portland, OR

**For more information
or to register email
info@freeartsnw.org**

Thursday, February 8
6:00pm - 7:30pm

Patrick Lynch Elementary
1546 SE 169th Place

Give your input on designs for a new playground

- Kids welcome!
- Free snacks
- Translation in Spanish and Russian

QUESTIONS

Maija Spencer 503-823-5593
maija.spencer@portlandoregon.
gov

Jueves, Febrero 8
6:00pm - 7:30pm

Patrick Lynch Escuela Primaria
1546 SE 169th Place

Danos tu opinion en los diseños para la nueva zona de juego

- Los niños son bienvenidos!
- Bocaballos gratis
- Traducción en español

PREGUNTAS

Maija Spencer 503-823-5593
maija.spencer@portlandoregon.
gov

Четверг, 8-го Февраля
6 - 7:30 вечера

Patrick Lynch Elementary
1546 SE 169th Place

Поделитесь своими идеями по
дизайну игровой площадки

- Приходите с детьми!
- БЕСПЛАТНЫЕ УГОЩЕНИЯ
- ПЕРЕВОД НА РУССКИЙ ЯЗЫК

ВОПРОСЫ

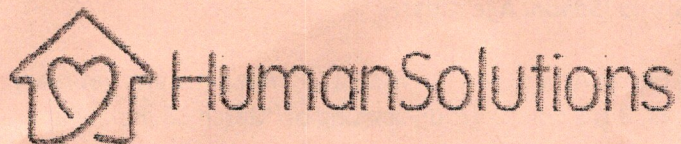
ЗВОНИТЕ ИЛИ ПИШИТЕ 503-753-0903
majla.spencer@portlandoregon.gov



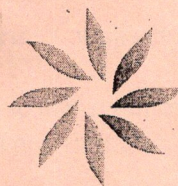
PORTLAND PARKS & RECREATION™
Healthy Parks, Healthy Portland

PARKSREPLACEMENTBOND.ORG

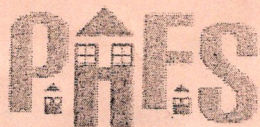




Human Solutions



morrison
child & family services



Giving Hope to Homeless
Families with Children

Want more tools in your parenting toolbox?

Free Class!
Free Lunch!
Free
Childcare!

**Tuesdays starting
February 13, 2018**

11:30-1:30

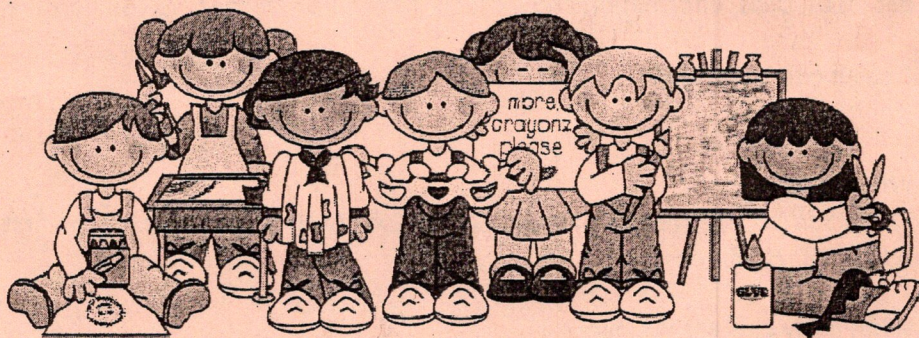
**Arbor Glen
Apartments**

2609 SE 145th Ave.

Class offered by PHFS and
Human Solutions, in
collaboration with Morrison
Child and Family Services and
the Oregon Community
Foundation

Join us for a 15-week class focusing on
tools for parenting children ages 6-12.

©The
**Incredible
Years®**



Space is limited — sign up now!

PHFS: Steve Kronzer 503-915-8306

Human Solutions: Laura Lirette 503-761-0602

**Must participate once by March 6, 2018 to join
the group.**

Incredible Years Parent Group (School Age Kids)

Attached is the flyer for the parent group we will be co-facilitating at Arbor Glen (2609 SE 145th Ave). It starts February 13, 2018 and individuals have to attend during the first 4 weeks. It is a closed group starting on March 13. Below is some information that may be helpful.

Who can come?

Anyone in the community is welcome to attend as long as they meet the following criteria:

- Are raising a child who is between the ages of 6 and 12 years old (the child doesn't have to be in the person's care currently, the person just needs to be involved in raising the child so shared custody or temporary removal of a child from the home is fine)
- Is precariously housed (defined as any of the following: is currently or was recently homeless, depends on a housing program to pay rent and is unsure how they will pay rent when the program ends, worries about losing housing on a regular basis, lives paycheck to paycheck).
- Come to at least one group between February 13 and March 6. The group is a closed group starting in week 5 (March 13).

What is it?

Incredible Years focuses on bringing adults together who are raising kids of a similar age. It is based in conversation around specific topics and the goal is to share tools and strategies that parents can use to make parenting more enjoyable and less stressful. It focuses on building positive healthy relationships, praising the behavior you want, and ways to stay calm and address issues when behaviors are challenging. There are short video clips included in each class to show the skills that we are talking about so that participants can see the skills and ideas in action.

Why should I come?

Besides having great information, the group allows adults to connect with each other. There is Free Childcare, Free Lunch and 2 hours of adult time to talk about the joys and frustrations you are experiencing with your children. You'll get ideas, skills, information and a break- all of these things help you become a happier parent.

Does it cost anything?

No- it is free!

When is it?

The group lasts 15 weeks and meets every Tuesday from 11:30-1:30. The first group is February 13, 2018. The last group is May 22, 2018.

What if my kids are younger?

We hope that we will receive funding to a class for adults raising 3-5year olds in the fall 2018. If you are interested call me and I'll put you on an interest sheet to call back once all the details are settled.

If you have any questions feel free to contact either of us. Please pass this along to community partners, clients or anyone else who may be interested.

Thank you!

Laura Lirette 503-761-0602 or Steve Kronzer 503-915-8306.